

COMPREHENSIVE GENETIC COUNSELING SERVICES

For over 30 years, the Division of Genetic Counseling in the Department of Obstetrics, Gynecology and Reproductive Sciences at McGovern Medical School at UTHealth Houston has helped patients and providers navigate the rapidly evolving field of reproductive genetic testing.

Since our division's inception, we have served over 50,000 patients. Our team is dedicated to helping patients make the most informed reproductive health care decisions. We collaborate with multiple specialties to ensure comprehensive care and advance research within the field of reproductive health care.

Our reproductive genetics team consists of certified genetic counselors who excel at translating complex genetic information into understandable terms for patients from diverse backgrounds. We identify genetic risks, explain appropriate testing options, discuss the potential implications of test results, and provide resources and support.

Through our **Advanced Reproductive Genetics Program**, in-person or telemedicine reproductive genetic counseling is available for families across the state of Texas. Indications for a reproductive genetic counseling referral include:

Preconception indications

- Personal or family history
- Positive carrier screening in a couple or positive X-linked carrier result
- Recurrent pregnancy loss
- Pretest and/or post discussion of preimplantation genetic testing (PGT-A, PGT-M, PGT-SR)

Prenatal indications

- Abnormal, noninvasive prenatal screening results (NIPT/NIPS/cfDNA)
- Abnormal chorionic villus sampling (CVS) or amniocentesis results
- Personal or family history
- Positive carrier screening in a couple or positive X-linked carrier result
- Abnormal fetal ultrasound findings
- Recurrent pregnancy loss



For additional information or questions, please scan the QR code to visit UTPhysicians.com/genetic-counseling, or email GCAssistant@uth.tmc.edu.